

HOW THE PSHE EDUCATION PLANNING FRAMEWORK FOR PUPILS WITH SEND IS ORGANISED AND MAPPED AGAINST THE DfE STATUTORY GUIDANCE 2019

Heltwate School is using the PSHE Association Planning Framework for children with SEN.

The Planning Framework is organised into six sections:


1. **Self-Awareness** (Me, who I am, my likes, dislikes, strengths and interests)
2. **Self-care, Support and Safety** (Looking after myself and keeping safe; aspects of Relationships and Sex Education.)
3. **Managing Feelings** (Understanding feelings, and that how I feel and how others feel affects choices and behaviour; aspects of Relationships and Sex Education)
4. **Changing and Growing** (How I and others are changing; new opportunities and responsibilities; aspects of Relationships and Sex Education)
5. **Healthy Lifestyles** (Being and keeping healthy, physically and mentally)
6. **The World I Live In** (Living confidently in the wider world)


Each of the six sections is subdivided into topic areas, as set out below. As a school we have reviewed the six sections and then looked at the topic areas and identified in which colour group and at what level these will be taught at.

The topic areas have been mapped against the end of Primary and Secondary outcomes as stipulated in the DfE Relationships Education, Relationships and Sex Education (RSE) and Health Education statutory guidance 2019, these can be seen below and tracked using the colour coded boxes.

'The World I Live In' section covers aspects of PSHE relating to careers education, economic wellbeing, personal safety (including assessing and managing risk) and preparing for adulthood.

Primary – Relationships	Secondary – Relationships and Sex education
Families and people who care for me ■ Caring Friendships ■ Respectful relationships ■ Online relationships ■ Being safe ■	Families ■ Respectful relationships including friendship ■ Online and the media ■ Being safe ■ Intimate and sexual relationships including sexual health ■ **
Primary – Health education	Secondary – Health education
Mental wellbeing ■ Internet safety and harms ■ Physical health and fitness ■ Healthy eating ■ Drugs, alcohol and tobacco ■ Health Prevention ■ Basic first aid ■	Mental wellbeing ■ Internet safety and harms ■ Physical health and fitness ■ Healthy eating ■ Drugs, alcohol and tobacco ■ Health Prevention ■ Basic first aid ■

Changing adolescent body 

Changing adolescent body 














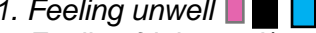






























** Parents" will be able to withdraw their child from classes which address sex education that does not sit within the Relationships Education curriculum. This may be done in writing to the headteacher explaining why this is being requested.

Parents will be able to withdraw their child at secondary school level from sex education (other than the sex education as part of science).

A child will have a right to opt into sex education from their 15th birthday (*specifically three academic terms before they turn 16*)

Information taken from School policy dated February 2020

Parent has no right to withdraw them from Relationships Education or Health Education at either primary or secondary level, *DfE 2019*

	Key Stage 1 and 2	Key Stage 3 and 4
Self-Awareness	1. Things we are good at 2. Kind and unkind behaviours  3. Playing and working together  4. People who are special to us  5. Getting on with others 	1. Personal strengths  2. Skills for learning  3. Prejudice and discrimination  4. Managing pressure 
Self-Care, Support and Safety	1. Taking care of ourselves  2. Keeping safe  3. Trust  4. Keeping safe online  5. Public and Private 	1. Feeling unwell  2. Feeling frightened/worried  3. Accidents and risk  4. Keeping safe online  5. Emergency situations 6. Public and private  7. Gambling 
Managing Feelings	1. Identifying and expressing feelings  2. Managing strong feelings 	1. Self-esteem and unkind comments  2. Strong feelings  3. Romantic feelings and sexual attraction  4. Expectations of relationships/abuse
Changing and Growing	1. Baby to adult  2. Changes at puberty  3. Dealing with touch  4. Different types of relationships 	1. Puberty  2. Friendships  3. Positive/unhealthy relationships  4. Intimate relationships, consent and contraception  5. Long-term relationships/parenthood 
Healthy Lifestyles	1. Healthy Eating  2. Taking care of physical health  3. Keeping well 	1. Elements of a healthy lifestyles  2. Mental wellbeing  3. Physical activity  4. Healthy eating  5. Body image  6. Medicinal drugs  7. Drugs, alcohol & tobacco 
The World I Live In	1. Respecting differences between people  2. Jobs people do 3. Rules and laws 4. Taking care of the environment	1. Human diversity  2. Rights and responsibilities 3. Managing online information 4. Taking care of the environment

	<i>5. Belonging to a community</i> <i>6. Money</i>	<i>5. Preparing for adulthood</i> <i>6. Managing finances</i>
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