



Week One Menu

Served weeks commencing:

Sample

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork sausages with mashed potatoes & Gravy	Beef Lasagne with Oven Baked wedges	Roast Chicken with roast potatoes & Gravy	Ham & Pineapple pizza with wedges	Fish Fingers with chips & tomato sauce
VEGETARIAN	Vegetarian Sausages with mashed potatoes & gravy	Vegetarian Lasagne with Oven Baked Wedges	Cheese & Bake Bean Puff	Cheese, Tomato & Sweetcorn Pizza with wedges	Veggie Fingers with Chips & Tomato sauce
JACKET POTATO /	Jacket potato with cheese or baked Beans	Jacket potato with cheese or baked Beans	Jacket potato with cheese or baked Beans	Jacket potato with cheese or baked Beans	Jacket potato with cheese or baked Beans
DESSERTS	Fudge tart and chocolate custard	Oaty Cookie	Ice Cream	Carrot Cake	Fruity Friday
Vegetables to accompany Main course dishes available daily					

AVAILABLE DAILY:

THERE WILL BE A RAW CARROTS, TOMATOES OR CUCUMBER AND BREAD AVAILABLE DAILY

FRUIT AND JELLY CUBES WILL BE AVAILABLE DAILY AS A CHOICE ON DESSERT



Week Two Menu

Served weeks commencing:

Sample

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cottage Pie	Macaroni Cheese	Roast Gammon with roast potatoes & Gravy	Beef Meatballs served with pasta	Fish & Chips with tomato sauce
VEGETARIAN	Vegetarian Cottage Pie	Cheese & Tomato Pasta Bake	Vegetarian cowboy pie	Vegetarian meatballs served with pasta	Veggie Fingers with Chips & Tomato sauce
JACKET POTATO / ...	Jacket potato with cheese or baked Beans	Jacket potato with cheese or baked Beans	Jacket potato with cheese or baked Beans	Jacket potato with cheese or baked Beans	Jacket potato with cheese or baked Beans
DESSERTS	Shortbread	Cornflake Tart & Custard	Ice Cream	Iced Vanilla Sponge	Fruity Friday
	Vegetables to accompany Main course dishes available daily				

AVAILABLE DAILY:

THERE WILL BE A RAW CARROTS, TOMATOES OR CUCUMBER AND BREAD AVAILABLE DAILY
FRUIT AND JELLY CUBES WILL BE AVAILABLE DAILY AS A CHOICE ON DESSERT