

## Sensory checklist

This checklist is aimed at capturing what sensory issues if any, your your child may have difficulty with.

Sensory issues can be more than just the five senses of smell, taste, sight, hearing, and touch, individuals could struggle with their sense of movement and balance.

Capturing this information about your child is important to us as a school as it helps us to carefully plan activities, introduce and develop new skills

Please can you take the time to look through this checklist and tick the comments which you feel apply to your child.

Thank you

Name:  
Class:

Date completed:

Sensory processing skills	Functional skills	Gross Motor skills	Fine Motor skills	Visual perception skills
<input type="checkbox"/> Avoids messy play <input type="checkbox"/> Reacts negatively to being touched <input type="checkbox"/> Dislikes the feel of certain fabrics and textures <input type="checkbox"/> Tends to touch things constantly <input type="checkbox"/> Seems unaware of pain and temperature <input type="checkbox"/> Frequently chews non-food objects <input type="checkbox"/> Avoids particular food textures or tastes <input type="checkbox"/> Dislikes certain everyday smells <input type="checkbox"/> In constant motion, unable to sit still for an activity <input type="checkbox"/> Bangs and crashes into people and objects <input type="checkbox"/> Rocks him/herself or bangs head when stressed <input type="checkbox"/> Distressed by movement activities such as swings/roundabouts <input type="checkbox"/> Poor balance <input type="checkbox"/> Distressed by common sounds (e.g. music, singing, vacuuming) <input type="checkbox"/> Distracted by sounds not noticed by others <input type="checkbox"/> Runs, hops or bounces instead of walking <input type="checkbox"/> Stomps feet on the ground when walking <input type="checkbox"/> Dislikes bright or fluorescent lights <input type="checkbox"/> Is fascinated by shiny or brightly coloured objects <input type="checkbox"/> Finds crowded areas very difficult <input type="checkbox"/> Is startled by unexpected people/noise/movements <input type="checkbox"/> Crawls under heavy objects or squeezes into small spaces	<input type="checkbox"/> Swaps hands whilst using scissors? <input type="checkbox"/> Unable to open and close scissors adequately? <input type="checkbox"/> Has poor control of pencil? <input type="checkbox"/> Has difficulty using knife and fork together? <input type="checkbox"/> Is awkward / messy during eating? <input type="checkbox"/> Difficulty with clothes back to front and poorly organised? <input type="checkbox"/> Is experiencing difficulty with fastening zips, buttons, laces etc? <input type="checkbox"/> Spills contents when opening containers <input type="checkbox"/> Difficulty coming up with ideas in play/free time	<input type="checkbox"/> Has difficulty negotiating obstacles around classroom? <input type="checkbox"/> Has difficulty following instructions in P.E? <input type="checkbox"/> Difficulty catching a ball using two hands? <input type="checkbox"/> Appears clumsy in moving and positioning self? <input type="checkbox"/> Bumps into people and objects <input type="checkbox"/> Appears to lose balance easily? <input type="checkbox"/> Has difficulty running and climbing	<input type="checkbox"/> Avoids or dislikes mark making <input type="checkbox"/> Uses too much force when mark making and manipulating toys <input type="checkbox"/> Avoids using two hands together <input type="checkbox"/> Swaps hands during fine motor activities <input type="checkbox"/> Hand swapping observed when writing / drawing OR any fine motor activities <input type="checkbox"/> Cannot hold pencil correctly. Has an awkward grip <input type="checkbox"/> Difficulty using equipment eg ruler, scissors <input type="checkbox"/> Drops equipment/ knocks thing over <input type="checkbox"/> Child fidgets in chair? <input type="checkbox"/> Child hooks their feet around the chair legs?	<input type="checkbox"/> Displays letter reversals? <input type="checkbox"/> Produces poorly sized and spaced letters? <input type="checkbox"/> Poor organisation of letters when writing? <input type="checkbox"/> Has difficulty copying shapes, letters and numbers <input type="checkbox"/> Has difficulty recognising & matching shapes, letter and objects <input type="checkbox"/> Does not look where they are going, bumps into things? <input type="checkbox"/> Difficulty remembering letters, shapes, numbers?